



POWERPAK

Toast To The Best - Club 5880 - District 12

Toastmasters

Volume 1

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MAY 2003

HONORABLE MENTION

SUCCESS

By Vicki Jeter, VP Education
Defining Success for You

What one word represents success to you? We each have a different measure of success in both our personal and professional lives. To some it means wealth, to some admiration and to others power.

The other night I asked a sky diving friend what success meant to her and she said..... her shoot opens. Sometimes our measure of success can be very simple yet very important.

Keys to Achieving Success:

Teamwork

None of us are able to achieve success in a vacuum. In every aspect of our lives we rely on others to realize our goals. We do this by forming teams. As a parent we work *with* our children to help them grow into someone *they* can be proud of. One way we do this is by communicating our values, listen to their goals and then provide them guidance and support to realize those goals.

As Business leaders we do this by communicating our goals clearly and listening to the needs of team members so that we may supply them with the support and the tools they need to accomplish their goals.

Effective Communication

At the foundation of being a good

parent, team member, friend, employee & community member is the ability to communicate.

Building a cohesive team is essential to achieving success and effective communication is essential to building a cohesive team. Initially I thought Toast Masters was simply an opportunity for me to practice and hone my public speaking skills and that doing so would help me professionally.

In the short time that I have been the EVP of Club 5880 I have learned that Toast Masters is so much more.

It is an opportunity for me to improve my public speaking skills but it would be very short sighted of me to think that those are the only benefits I would realize.

Toast Masters also gives me an opportunity to Mentor and to be mentored. Each member of the Toast Masters clubs is encouraged to find a mentor and then become a mentor.

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Toast To The Best Awarded

By Dorothy Brock, VP PR

One of the highlights for Club 5880 Toast To The Best was receiving the Chuck Weck Publicity Honorable Mention Award at the Toastmasters International District 12 Spring Conference on April 6th, held at the San Bernardino Hilton. This award was determined by the District's PR Officer and awarded to us for the various media elements used to publicize our club. Now let us think about this for a moment, we had our first meeting on February 24 and became chartered February 20, 2003. Our club received points for posted flyers, newsletters, website and club advertisement in a souvenir program of "Annie" by Karousel Kids, Inc. Wow! all this accomplished within a short period of time. Special thanks to Brenda Bates creating newsletter and flyers, Rodger Ellis setting up the web site, and all others who participated. Our club was mentioned many times throughout the conference. Another highlight of the conference, our sponsoring club 7213 President, Richard Snyder, not only won the Table Topics Contest but also won the Int'l Speech contest and will be competing at the Regional Conference in Las Vegas, June 6 and 7th.

EXECUTIVE OFFICERS

- President, Jose Luis Arellano
- VP Education, Vicki Jeter • Sgt at Arms, Joel Casillas
- VP Membership, Liz Cruz • Treasurer, Michelle Cerna
- VP PR, Dorothy Brock • Secretary, Brenda Bates

We meet the 2nd and 4th Monday of every month at 5:30 PM
Our location: PaperPak, 545 Terrace Drive, San Dimas, CA 91773



May 2003

(SUCCESS continued)

Toast Masters also gives us an opportunity to receive feedback. After each speech another member of our club, an evaluator, points out our improvements and areas that could use some more attention. Giving and receiving feedback can be very difficult and uncomfortable. I was really surprised to learn that most of the senior TM's I've talked to recommend that new members give 3 speeches before being an evaluator because giving an evaluation is sooooo difficult). Most of the new members I've talked to are more than willing to give a speech but blanch at the thought of doing an evaluation.

I suppose the reason I didn't see it that way is because I now see feedback as a **GIFT**. Usually getting gifts is a good thing. Although some one once gave me a purple, green and yellow muumuu that I still don't know what to with. I suppose if I'm ever invited to a Luau with a Mardi Gras theme, I'm set.

I didn't always see it that way.

I have a pamphlet and in it the author describes the effects of a pebble thrown in a pond. It creates a wake that continues to ripple long after the pebble has sunk to the bottom. We are each creating wakes as we go through life and those wakes continue to effect others long after we've moved on. Many of us are unaware of the effect we have on those around us.

The best way to find out if your wake is lifting up those around you or scuttling them is to ask for feedback.

Sometimes that's not always easy. Toast Masters evaluations help you develop the skills necessary to give and receive constructive feed back.

So to recap:

Toast masters provides us the opportunity for:

- 1) Improving our communication skills
- 2) Mentoring
- 3) being mentored
- 4) Giving feedback

5) and learning to benefit from the feedback received.

These skills translate to employees that have:

- 1) Good Communication and Leadership skills
- 2) Improved work performance through clearer communications
- 3) Team builders & team players
- 4) Coaches and mentors
- 5) Better friends, Family and community members.

We need all of these skills to develop a cohesive team and be a productive team member.

With practice these skills become 2nd nature. Toast Masters gives us the opportunity to practice these skills in a nurturing and supportive environment.

Want more opportunities to speak?

- Ask to be put on the agenda
- Participate in Speak-a-thons
- Visit other clubs
- Attend outside club activities

As long as a member in good standing is present to conduct the evaluation, you can speak. There are also special focus clubs: English as a second language club# 3866, Advanced Clubs in Claremont # 6606 or help resurrect an old club for Storytelling and Humor Club #1132 in La Verne.

Up Coming Events

- Next Club Meeting - Tuesday, May 27th 5:30 PM
- Region !! Conference at Harrah's in Las Vegas - June 6th-8th
- Themed Meeting Luau - Monday June, 23 5:30 PM

Come dressed in your Hawaiian style

Check us out on the web at www.ToastToTheBest.com

For more information about our club, please call Liz Cruz at 909-971-5062





Toastmasters Promise

- To attend Club meetings regularly;
- To prepare all of my speeches to the best of my ability, basing them on projects in the Communication and Leadership Program manual or the Advanced Communication and Leadership Program manuals;
- To prepare for and fulfill meeting assignments;
- To provide fellow members with helpful constructive evaluations;
- To help the Club maintain the positive, friendly environment necessary for all members to learn and grow;
- To serve my Club as an officer when called upon to do so;
- To treat my fellow Club members and our guests with respect and courtesy;
- To bring guests to Club meetings so they can see the benefits Toastmasters membership offers;
- To adhere to the guidelines and rules for all Toastmasters educational and recognition programs;
- To maintain honest and highly ethical standards during the conduct of all Toastmasters activities.



Visit us on the web:
www.ToastToTheBest.com

THE 4E's of GE

By Sayeed Shalkh, DTM

Jack Welch, the legendary former Chairman and CEO of General Electric, was once asked what he looked for in his managers. He outlined what has now become the famous 4E's of GE....**Energy, Energize, Edge, and Execute.** To have boundless Energy.....to be able to Energize others....to have an Edge....and to have the ability to Execute a vision or mission statement. The fact that many Fortune 500 companies today have at their helm individuals who "graduated" from GE is testimony to his phenomenal leadership skills. GE, he proclaimed, was in the business of developing people and leaders who would achieve top status in whatever industry they chose to dominate. Today GE ranks as one of the largest companies in the world and is considered at the top of every industry it is in.

The 4E's of GE.....it sounds fairly reminiscent of what many in Toastmasters seek to achieve. Passion and belief are the driving force of many great men and women. And we in Toastmasters should not be any exception. Club 5880 – Toast to The Best was envisioned as a showcase for what Toastmasters and

their clubs can accomplish. Every meeting is meticulously planned and speakers are rapidly pursuing the development of their communication and leadership skills. We can never be coerced to improve ourselves and it is indeed overwhelming to see how many toastmasters have responded voluntarily to join this exciting club and to participate in the monthly meetings as guests. In the short span of two months this club has set standards throughout the District.

Much of the credit for this achievement must be given to the executive committee and members of the club. Their professionalism and drive has been infectious...their belief in themselves and their message has captured the imagination of many toastmasters in the district. Their tireless efforts are driven by a genuine desire to show others that one must never settle for mediocrity...that within ourselves we all have the seeds of greatness, and that with a little effort and drive we can all soar.

Can we use the 4E's of GE as Toastmasters? Think about that for a moment, fellow Toastmasters. We must have Energy in what we do...we must be able to Energize others...we must develop our own style to have an Edge...and we must be able to Execute and refuse to take "no" for an answer. Your message...your opinions...your thoughts...your accomplishments are important to us. Shouldn't they be important to you?



Club 5880 - Toast To The Best
Brenda Bates - Editor
San Dimas, CA 91773

"Annie"

The officers of Club 5880 pitched in to pay for Club advertising in a local community Play Program for the Karousel Kids at the Bridges Auditorium in Claremont, July 18-20 and July 25-26 call for times.

*The costs for the tickets are as follows:
1 for \$13 - 2 for \$26 - 3 for \$39
4 for \$52 - 5 for \$65 - 6 for \$78*

*For additional information/Tickets
Contact: Rob del Plain (909) 762-3009*

Web sites to check out:

Toastmasters.org

District 12 web site:

TMDistrict12.org

Region II web site:

TMRegion2.org

Club 5880 web site:

ToastToTheBest.com

