



POWERPAK

Toast to the Best - Club 5880 District 12

Toastmasters

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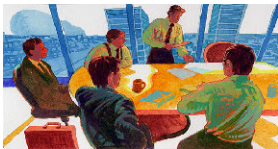
~ April 2004 ~

This is by the President of Toastmasters International, Ted Corcoran, from "The Theme of 2003-2004 President of Toastmasters International, Ted Corcoran, DTM, and Outline of his Program and Goals" This is an excerpt from his message, and suggest you check it out at toastmasters.org. Information for Member, and read the entire message.

Your Dreams Are Your Possibilities

2003-2004

**Ted Corcoran's
PRESIDENTIAL THEME**



As I sat down to write this message, the words of Bernard Edmunds, the American writer, came to mind. His words could have been especially written for those of us who've become members of Toastmasters International:

***"To dream anything you want to dream;
that is the beauty of the human mind.
To do anything you want to do;
that is the strength of the human will.
To trust yourself to test your limits;
that is the courage to succeed."***

Many of us join our first club because of a fear of public speaking. In addition to this, we are perhaps too often also lacking in self-confidence and encumbered with a sense of low self-esteem. How we deal with these fears and negative thoughts often means the difference between success and failure, between going on to achieve at least our CTM or dropping out after a few speeches, between growing incrementally in self confidence or continuing always to feel inadequate. The choice is always our own! That's why I have chosen as my theme

"Your Dreams are Your Possibilities." I firmly believe that our dreams can be turned into reality! And I also believe that the skills and increased confidence we all gain through our Toastmasters experience will help us to achieve them. For a long time now I have been personally inspired by the Vision of Toastmasters International, which states that our program *"empowers people to achieve their full potential and realize their dreams."* What a powerful statement! And, of course, all of us are the "people" mentioned!

All success starts with a dream, so we must first imagine what it is that we want to achieve. However, the dreams we have today may not be the dreams we have tomorrow or next year. The miracle is that as our self confidence and self-esteem grows, so does our awareness of our potential. Because of this, we go on to dream of even greater things to accomplish. When we first join Toastmasters our dreams may be very simple – answering our first Table Topic, delivering our first speech, indeed just showing up! Later, our dreams may be to serve as the Toastmaster of the evening, to complete our CTM or to be a club officer. Then many of us expand our dreams to include serving as a district officer or a district governor – even serving on the Board of Directors. What happens is that our awareness of our potential changes. We are now ready to accept more and more challenges, secure in the knowledge that we are ready for them.

Have you had that experience? I certainly have! I well remember driving to the first-ever meeting in September 1985 of what was to become my home club – Fingal 6255

– in Dublin. On the way I kept saying to myself "I am not going to get involved, I am definitely not going to get involved." The rest, as they say, is history! Invited that night to be the new club's first president, I accepted! When asked, I said to myself "Why not? Let's give it a try." You see, during the course of that very motivational meeting, I had a dream that all of us charter members could build our new club into one that would stand proudly among the other successful clubs in Dublin. That was the very first step on the long road to where I am today. Each time, thereafter, when an opportunity to serve the organization presented itself, I said yes. Each time my dream grew bigger. Each challenge taken and conquered increased my competence and self-confidence. This increase in personal growth, (continued page 2)

EXECUTIVE OFFICERS

- **President, Michelle Cerna**
- **VP Education, Vicki Jeter**
- **VP Membership, Liz Cruz / Steve Smith**
- **VP PR, Dorothy Brock**
- **Treasurer, Hank Lee**
- **Secretary, Brenda Bates**
- **Sergeant at Arms, Rodger Ellis**



April 2004

(Presidential Theme Continued)

in turn, made me ready for the next challenge. Toastmasters can do the same for you. Do you have a dream? More than one perhaps? In your personal life? In your career? In Toastmasters? What are you doing about them? Are you embracing the advice of the writer Hana Rose Zadra, who says, "Reach for your dreams and they will reach for you"? Or of William James, in his inspirational words, "Give your dreams all you've got and you'll be amazed at the energy that comes out of you."

But where do you begin? Like any other project, you will need to break your dream down into a series of steps and then **take the next step**. It's as simple or as complicated as that! But you will need some tools to help you achieve your goals. Tools like presentation skills, listening skills, working as part of a team and leading a team. You'll also need management skills such as planning, organizing, implementing, monitoring, reviewing and delegating.

All these skills can be acquired or developed through the Toastmasters programs, but you must stick with it. So often many of our members leave our organization without getting the full value from their membership. Are *you* getting the full value from your membership? It's never too late to start! And you can succeed if you have a positive attitude and persistence. I have on my bookshelf Norman Vincent Peale's bestselling book, *You Can .f You Think You Can*. The title of his book and his advice is truly as pertinent today as it was when it was written all those years ago. So what are my dreams as President of this great organization that is made up of so many wonderful people from all around the world?

. **MY FIRST DREAM** is that every one of us will be successful in whatever goals we set for ourselves for the coming year. It could be

delivering your first speech or evaluation; being part of the team that achieves the Distinguished (or better) Club award; being a Distinguished (or better) Area, Division or District Governor; chartering a new club. Whatever it is, reach for your dreams and they will reach for you.

. **MY SECOND DREAM** is that our membership will exceed 200,000 for the first time. We are very close to reaching this goal right now and, with a little extra push by everyone, we can do it. Remember: We can if we think we can.

. **MY FINAL DREAM** is that we will reach 10,000 clubs. Building new clubs and, indeed, saving weak ones, not only strengthens our organization, but, more importantly, extends the benefits of Toastmasters to many many more people, thus enabling them to realize *their* potential and realize *their* dreams. This is the reason for the organization's very existence! If we build one new club per Area this year we can achieve this goal.

You see, even though your dreams are your possibilities, the wonderful thing is that collectively all our dreams are the organization's possibilities. It's truly a win /win situation. Don't be afraid of taking on the challenges, whatever they may be. You will learn a lot about yourself and others on your journey. You will be a better, more confident and more capable person at the end than when you started. Trust yourself to test your limits, as suggested by Bernard Edmunds. Be inspired by the words of Kobi Yamada, "Sometimes you just have to take the leap, and build your wings on the way down."

So let's get started! We have much to do. But we can if we think we can. In the words of Helen Keller, "Alone we can do so little; together we can do so much." Your Dreams Are Your Possibilities! May they all come true.

OUR MISSION The Mission of Toastmasters International

Toastmasters International is the leading movement devoted to making effective oral communication a worldwide reality.

Through its member Clubs, Toastmasters International helps men and women learn the arts of speaking, listening and thinking – vital skills that promote self-actualization, enhance leadership, foster human understanding, and contribute to the betterment of mankind.

It is basic to this mission that Toastmasters International continually expand its worldwide network of Clubs, thereby offering ever-greater numbers of people the opportunity to benefit from its programs.

The Mission of the Club

The mission of a Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Coming in the Next Month +

- Next Meeting - Monday, April 5th
- International Speech & Table Topics Contest - Sat, April 10th
- District 12 - Spring Conference April 17th





April 2004

5880 CLUB WINNERS:

The Area A2/A3 International & Table Topics Contest was held March 6, 2004, and two of the winners were our own Jim McCombs, International and Steve Smith, Table Topics.



CONGRATULATIONS!! Next they will be competing in the Division A Contest on Saturday, April 10, 2004, 1st Baptist Church, 531 W. 8th Street, Upland. Registration starts at 5:00 PM and contest begins at 5:30 PM. Cost \$10 before 4/4/04 - \$12 after 4/4/04. Please come out and give them your Support.

What do you know about club 5880?

Greetings from District Historian Bob Palmer, DTM

I called down to T.I. and was able to have them e-mail me the history of your charter. It started in Founder's District, and is on its 3rd "life". I wasn't sure if you knew this info, but I wanted to make sure you had it. From CA to Japan and back to CA. What a trip.

:}) Bob Palmer, DTM

Club 5880

On June 10, 1985 this club started out as



Electric Toasters in Santa Ana, CA. This club went dormant on 6-30-91.

On July 19, 1995 Club East-West chartered in Tokyo, Japan. The club went dormant 9-30-98.

On February 20, 2003. Paper Pak chartered in La Verne, CA. Then a resolution changed the name and location to Toast to the Best in San Dimas, CA. Where it currently resides.

Submitted By: Brenda Bates

San Bernardino Hilton Hotel
909-242-5313 Joyce Bates

Friday and Saturday, June 11th and June 12th
Regional II Conference
Marriott Hotel Ontario 760-360-9533 Paul Clark - 909-736-7947 Darrell Zeller

Submitted by Brenda Bates

ELECTION OF OFFICERS!

It is time again for election of officers. Officers elected will serve from July 1, 2004 through June 30, 2005. If you are interested in serving in one of the following positions: President, VP Education, VP Membership, VP Public Relations, Secretary, Treasurer, Sergeant at Arms you may contact Michelle Cerna. She will also answer any questions you may have about the responsibilities of the office.

Nominations will also be taken during our April 5th meeting. Step up to the plate and accept the Challenge!

SPECIAL NOTICE!!!

Our next meeting, April 5th will be in the PaperPak lunch room so that we are close to the door in case it accidentally gets locked again. We all agreed to change the location.

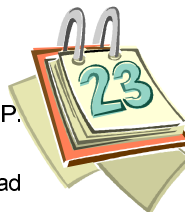
Here's how to keep up on District 12 events...

These are the contests dates and times.

Division Contests

Saturday, April 3rd

Division D 10:00 A.M. to 1:00 P.M.
Banning, Sizzler Restaurant
Division B 1:00 P.M. Arrowhead
Regional Hospital
Division C 6:00 P.M. to 9:00 P.M.
Parkview Hospital Founders Center



Saturday, April 10th

Division A 5:00 P.M. Contest begins at 5:30 P.M. 1st Baptist Church 531 W. 8th Street, Upland, Ca

Saturday, April 17th

District 12 Spring Conference

Events not to be missed

All members are invited to attend the District 12 Spring Conference, Saturday, April 17th

~more details on this event to follow~



Club Meeting Roles

Toastmaster: Acts as the host/hostess and ensures a well-run meeting to smooth the transition between program and participants. Introduces speakers of prepared speeches and presents awards to Best Speaker, Best Evaluator, Best Table topic presenter and Spark Plug Award (this is to recognize one who inspires the meeting, brings spark to the club) at the end of the meeting. Prepares the agenda for the meeting and calls members with their assignment for the week.

Table Topic Master: Prepares Table Topic questions and calls on members to respond. It is an opportunity for individuals to enhance their speaking experience. The Table Topic Master chooses a topic relative to community activity, politics, current events or some other interesting area for discussion. Guests may participate if they choose.

Speakers: Speakers utilize manuals to deliver prepared speech assignments. Each manual exercise provides different objectives, but the primary purpose is to help members become more capable and confident speakers.

General Evaluator: The General Evaluator introduces the speech

evaluators, Grammarian/Ah Counter and provides an overall appraisal of the meeting.

Evaluator: Evaluates speeches pointing out what was done well, and areas for growth and improvement. Speeches should

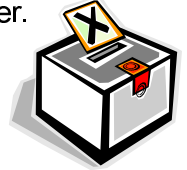
develop logically with an opening, body and conclusion. Speeches should be effectively delivered with attention to gestures, body language, vocal variety, eye contact and facial expression.

Grammarian/Ah Counter: the Grammarian has two functions. First, s/he provides a word of the day and explains the word, its pronunciation, definition, and spelling and uses it correctly in a sentence. Members are encouraged to use the word in their speeches. The Grammarian keeps track of those who use the word. The Second function is to listen for misuse of words, incorrect pronunciations, cliches, poor sentence structure and fillers such as "ah, umm", "ok", "you know". When the toastmaster calls for a report, the

Grammarian calls these to members' attention.

Timer: Operates the timing device and records the time used by each participant.

Vote Counter: Counts the votes and is the tie breaker.



Club Officer Roles

President - chairs meetings and supervises all other officers

Vice President Education - schedules meeting assignments and works with members to see that their needs are met.

Vice President Membership - runs club membership drive and also works to keep members satisfied and happy

Vice President Public Relations - makes sure club meetings appear in the media, puts posters up, etc.

Secretary - sends correspondence on behalf of the club, keeps club records and minutes



Treasurer - handles financial affairs,

such as dues and purchases.

Sergeant of Arms - sets meeting room up, puts stuff away, greets guests, etc.

Helpful Hints:

Need an overhead projector, please let the Sergeant at Arms know in advance of the meeting



If you require extra time to complete your speech, please advise the evaluator and timekeeper so they can judge and track accordingly.

Web sites to check out:

Toastmasters.org

District 12 web site:
TMDistrict12.org

Division A web site:
TMDivisionA.org

